

## Knit Fabrics

Fabric Type (weight)	Needle Type	Needle Size	Stitch Per Inch (cm)	Suggested Thread
<b>Performance Piqué</b> (Light)	Ball Point / Stretch	70, 75 (10, 11)	14 - 18 (6 - 7)	<b>Coats &amp; Clark:</b> Dual Duty XP General Purpose <b>Mettler:</b> Poly Sheen, Seracor, or Seralene <b>Gütermann:</b> Sew-all Thread
<b>Modern Jersey</b> (Medium)	Stretch	80, 90, 100 (12, 14, 16)	10 - 12 (4 - 5)	<b>Coats &amp; Clark:</b> Dual Duty XP General Purpose <b>Mettler:</b> Seralon, Poly Sheen, Seracor, Seraflock
<b>Cotton Spandex Jersey</b> (Light)	Stretch	70, 75 (10, 11)	10 - 12 (4 - 5)	<b>Coats &amp; Clark:</b> Dual Duty XP General Purpose or Coats 100% Cotton <b>Mettler:</b> Poly Sheen, Seracor, or Seralene <b>Gütermann:</b> Sew-all Thread or Natural Cotton
<b>Organic Cotton Knit</b> (Light)	Ball Point	70, 75 (10, 11)	10 - 12 (4 - 5)	<b>Coats &amp; Clark:</b> Dual Duty XP General Purpose or Coats 100% Cotton <b>Mettler:</b> Poly Sheen, Seracor, or Seralene <b>Gütermann:</b> Sew-all Thread or Natural Cotton
<b>Fleece</b> (Medium)	Ball Point / Universal	80, 90, 100 (12, 14, 16)	10 - 12 (4 - 5)	<b>Coats &amp; Clark:</b> Dual Duty XP General Purpose or Dual Duty XP Heavy <b>Mettler:</b> Seralon, Poly Sheen, Seracor, or Seraflock <b>Gütermann:</b> Sew-all Thread
<b>Minky</b> (Medium)	Ball Point / Stretch	80, 90, 100 (12, 14, 16)	10 - 12 (4 - 5)	<b>Coats &amp; Clark:</b> Dual Duty XP General Purpose or Dual Duty XP Heavy <b>Mettler:</b> Seralon, Poly Sheen, Seracor, or Seraflock <b>Gütermann:</b> Sew-all Thread
<b>Sport Lycra</b> (Medium Heavy)	Stretch	100, 110 (16, 18)	10 - 12 (4 - 5)	<b>Coats &amp; Clark:</b> Dual Duty XP General Purpose or Dual Duty XP Heavy <b>Mettler:</b> Seralon 30 or Seraflock